

## **Professional Bulletin Board**

resource information for the professional community

Remember to check out the 2020 November-December edition of the Connections newsletter at: <a href="http://connections.healthdistrict.org">http://connections.healthdistrict.org</a> or visit <a href="www.healthinfosource.com">www.healthinfosource.com</a> for more information regarding classes and events occurring in Fort Collins and the surrounding areas.



## Insights to Clinical Toxicology for Addiction Treatment

#### Back from the Abyss Podcast

Dr. Heacock is the co-creator and host of "Back From The Abyss", a podcast where people share their stories of plunging into the psychiatric abyss and how they got out. This is a non-commercial service project. Sharing stories has always been the way people connect and offer their hard-earned wisdom and insights, and Back From The Abyss continues in this tradition of people helping people through stories.

Listen in to hear and learn from others and feel free to share with your clients! The website is <a href="https://www.bftapodcast.com">www.bftapodcast.com</a>; episodes can be played directly from the website or via iTunes, Google Play, Stitcher, or Spotify



# Webinar: Tech and Internet Use: How Much is Too Much?

Kirsten Goffena, LPC, RPT-S and Michael Sousa, RP, Intern hosted a webinar and conversation addressing concerns about tween's/teen's relationship to tech and the internet. The webinar took place on Sunday, October 25th and it is now available online for viewing.

#### https://youtu.be/nI D4vDFHUY

Michael Sousa, counseling intern with Pathfinders Counseling specializes in video game addiction and helping clients find balance between their virtual and analog lives. Michael is interested in collaborating with other professionals and is open to sharing his expertise in this arena. You can schedule a free 30 minute consultation with Michael online.

https://pathfinderscounselingllc.com/schedule-now/



To Post Information On-Line Please Email: eleetham@healthdistrict.org



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# Facebook Group for Northern Colorado Therapists

Miriam Bellamy, LMFT has created a closed Facebook group for local therapists. This forum will serve as a place to connect with other therapists and share information for classes, groups, workshops, offices for lease, referrals, etc. This is also a great space for general support.

To request to join this group, search for "Fort Collins Therapist Network" on Facebook.

Happy connecting!!



#### **Community Crisis Clinic**

SummitStone Health Partners' 24/7/365 walk-in and mobile crisis response services are available at 1217 Riverside Avenue. With the new location, crisis services have expanded to include a short term residential unit available to the community.

If you or anybody you know feels they are in crisis, please do not hesitate to call or walk in. Walk-in and mobile services are free of charge.

To access crisis support services, call (970) 494-4200 (SummitStone Health Partners) or Rocky Mountain Crisis Partners at 1-844-493-TALK (8255).

You can also walk into 1217 Riverside Avenue in Fort Collins.



